

Summer Stitching Day Camp 11
Millcreek Mall Branch, Erie County Public Library
August 8 to 12, 2016; 1:00 to 3:00 P.M.

Lesson Plan

Kit contents:

- Three 8" x 8" pieces of muslin for doodle cloth
- Two #3 crewel needles in felt rectangle
- Needle threader (blue dental floss threader)
- Instructions
- Plastic bag to contain everything above

Materials for students, to be selected by students during class

- One each of five skeins of stranded cotton embroidery floss
- Crazy-quilt pieced square
- One 10" x 10" backing fabric

Materials for finishing: premium polyester fiber fill

I. Day One

- a. Have photo release signed by parent, at drop-off or pick-up.
- b. Identify left-handers and beginners.
- c. Determine who is doing pillow or tote bag.
- d. Go over what is in the kits.
- e. Give each student some floss for doodling.
- f. Demonstrate cutting lengths and stranding thread.
- g. Demonstrate how to thread the needle and to tie knot at the end of the thread.
- h. Demonstrate backstitch and stem stitch.
- i. Have students stitch their initials or name on a doodle cloth.
- j. Demonstrate how to end a thread.
- k. Demonstrate chain stitch and detached chain.
- l. Allow students to select a fabric square.
- m. Allow students to select colors of floss, one each of five colors to coordinate with their fabric or student's preference

Homework: Practice, finish stitching name on doodle cloth, doodle stitches, and talk with former students about initials and date on square

II. Day Two

- a. Hold show and tell, answer questions, and help with stitches as needed.
- b. Have students stitch one of the seams on their square with chain stitch.
- c. Demonstrate the fly stitch, and have students practice on a doodle cloth.
- d. Have students stitch one of the seams on their square with fly stitch.
- e. Demonstrate the feather stitch, and have students practice on a doodle cloth.
- f. Have students stitch one of the seams on their square with feather stitch.
- g. Provide individual help as needed.

Homework: Finish stitching three to four seams on their square with the stitches learned.

III. Day Three

- a. Hold show and tell, answer questions, and help with stitches as needed.
- b. Demonstrate cretan stitch and some variations, and have students practice on a doodle cloth.
- c. Demonstrate the blanket stitch and some variations, and have students practice on a doodle cloth.
- d. Demonstrate the herringbone stitch, and have students practice on a doodle cloth.
- e. Have students stitch one of the seams on their square with blanket or herringbone stitch.
- f. Pass out composite stitches sheet, and discuss options with students.
- g. Provide individual help as needed.

Homework: Finish stitching two to three seams on their square.

III. Day Four

- a. Hold show and tell, answer questions, and help with stitches as needed.
- b. Demonstrate French and colonial knots, and have students practice on a doodle cloth.
- c. Demonstrate whipped and woven spider stitches, and have students practice on a doodle cloth.
- d. Discuss finishing plans and any embellishments.
- e. Provide individual help as needed.

Homework – finish stitching all remaining seams on square

IV. Day Five

- a. Hold show and tell, and answer questions.
- b. Finishing: have adults sew final stitching on pillow or tote.
- c. Instruct students how to clip curves and turn right side out.
- d. Have students stuff pillow with polyfil.
- e. Have students stitch closed the opening using whipped stitch.
- f. Photograph each student with finished piece.
- g. Take group photo.
- h.

Graduation: Each student goes home with finished piece and certificate of participation.