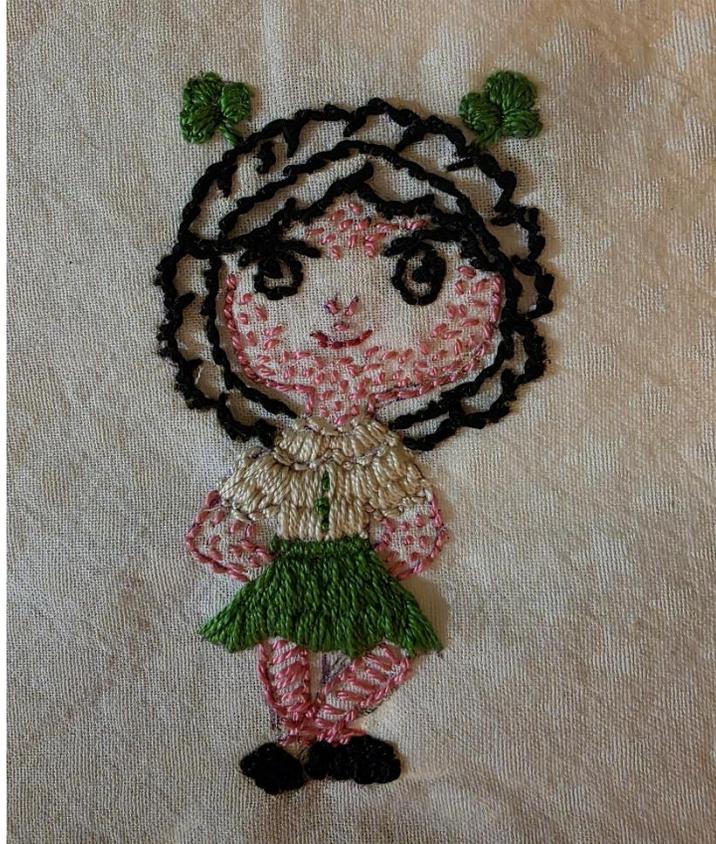


March 2026 EGA SAL Project

Bridgid, Irish Jig Dancer

By Helena Whyte, Pajarito Chapter



Materials:

8 inch square fabric

6 inch embroidery hoop

Pearl Cotton #8

1. Stitch the hair in stem stitch using black Pearl Cotton.
2. Stitch the eyebrows in stem stitch using black.
3. Stitch around the eyes using back stitch in black. Placing a single wrap French Knot in the middle.
4. Outline the face, arms and legs in back stitch in light pink 603.
5. Outline the blouse using back stitch in ecru.

6. Fill in the blouse collar in ecru in satin stitch. Fill in rest of blouse in ecru using long and short stitch. You can add buttons using a single wrap French Knot in grass or Kelly green.
7. Outline the skirt using back stitch in grass or Kelly green. Fill in the waist band using satin stitch. Fill in the rest of skirt using long and short stitch in grass green or Kelly green.
8. Outline the shoes using back stitch in black. Fill in shoes with black satin stitch.
9. Stitch nose and upper lip using a straight stitch in light pink 603. Outline the mouth using back stitch in a darker pink 601.
10. Shade the forehead, cheeks and arms with small straight stitches in light pink 603.
11. Shade the legs with diagonal straight stitches in light pink 603 to simulate tights.
12. Use 2 straight stitches in grass or Kelly green to create shamrock headband stems. Outline the shamrocks with back stitch using grass or Kelly green. Fill in the shamrocks with satin stitch.

