

## 2025 June EGA SAL Project Betta Fish

Designed by Helena Whyte, Pajarito Chapter

1. Transfer the design to linen using your preferred method. The completed design is 3 inch x 3 inch stitched in a 4 or 5 inch hoop. All stitching completed using a single strand of tapestry wool from stash. Alternately stitching can be completed with 3 strands of DMC cotton floss.



2. Outline the tail, fins, and mouth in chain stitch. Blue used in the sample. Stitch optional air bubbles with French knots.



3. Outline the body of the fish with stem stitch. Outline the head with chain stitch. Red used in sample.





4. Stitch veins in tail and fins in stem stitch alternating the two colors.



5. Stitch horizontal rows of stem stitch over the body. Red used in the sample. Then weave vertical rows over and under the stem stitches to create scales.

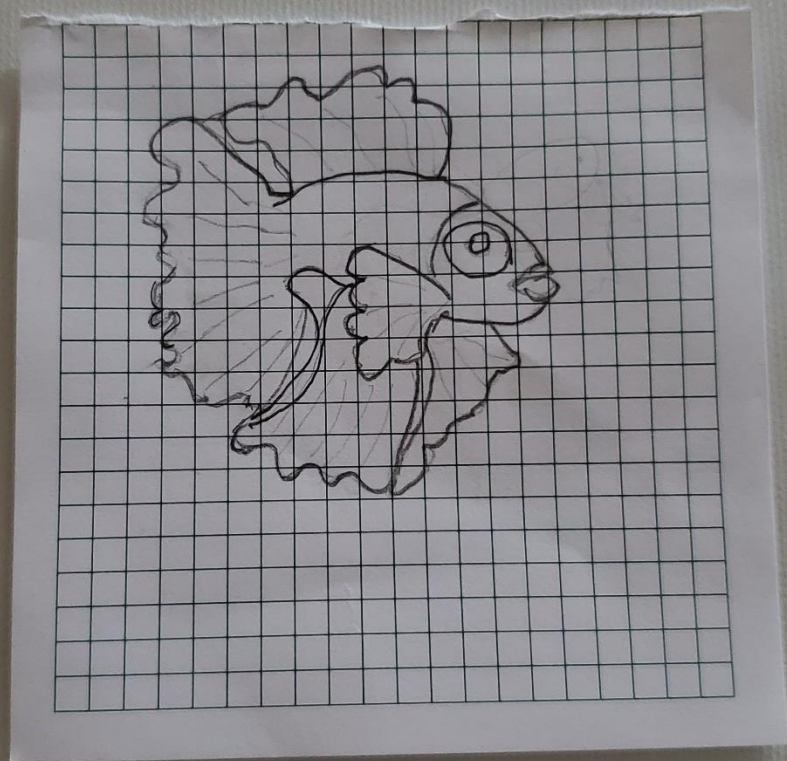




6. Add a faceted bead for the eye. Circle the eye and fill in the head with stem stitch to finish the fish.







May 30, 2025