



*The Embroiderers' Guild of America*  
TECHNICAL EXCELLENCE CERTIFICATION IN CREWEL EMBROIDERY

**Step 1**

**Instructions For Bubbles**

**STEP: 1, Color Option 1, Pastel**

**PURPOSE:** To demonstrate proficiency in crewel work using a variety of stitches.

**GROUND FABRIC:** Linen twill in white or off white, sufficient size to stitch to the design plus a 3” border on all sides.

**STITCHES:**

Stem  
Satin  
Slanted Satin  
Padded Satin  
French Knot  
Bullion Knot  
Cretan  
Lazy Daisy  
Buttonhole  
Long and Short Buttonhole  
Long and Short Shading  
Trellis  
Cross  
Half Cross  
Chain  
Whipped Wheel  
Woven Wheel  
Pekinese  
Closed Fly  
New England Laid  
Straight  
Seed

**THREADS AND COLORS:** All Threads are Heathway. One skein of each color except where noted.

Pomegranate: 131, 132, 133, 134, 135, 136

Apple Green: 241, 243, 245, 246, 247

Gobelin Green: 251, 252, 253, 254 (2 skeins), 255

Silver: 344, 345, 346

## **FABRIC PREPARATION AND DESIGN TRANSFER**

1. Prepare fabric edge to prevent fraying and transfer design at full size (7 ½ x 9 inches).
2. Print the full-sized design for transfer. Do not enlarge or reduce the size of the design when printing it for transfer.
3. The motifs in the design may be stitched in any order.
4. The instructions for each motif, threads to be used, and stitches used are included after the full-size design.
5. Please refer to the cover photo to assist with details of color placement and stitch direction.
6. When stitching is completed, block the piece and prepare it for submission for evaluation.
7. Items included on the following pages are:
  - Full size design for transfer.
  - Design divided into numbered sections for motif locations.
  - Drawing of individual sections of the design with textual descriptions of the Heathway threads and stitches to be used.
  - Please note that these sections may not be actual size and should not be used for transfer to linen for stitching.