Mandala Hoop Embroidery Supplies Needed

Tools and Materials

6-inch embroidery hoop (for display) 7-1/2 inch 5/8 inch thick hoop for embroidery (see Hoops below) Embroidery scissors Size 3 or 4 Embroidery needle Hard lead pencil Circle drawing template (such as Berol RapiDesign R-40) Sewer's/knitter's sliding stitch gauge A stitch reference (book or online) for surface stitches (not counted stitches) 1 yard sturdy white or off-white 100% cotton fabric- suggested: 7 oz. cotton duck or twill* 1 yard cotton muslin fabric* Size 8 pearl cotton (I recommend DMC)- your choice of colors, as few as 3 colors can work,

I suggest at least 6, and as many as 12 for greater variety Cotton sewing thread and needle Iron and ironing surface

*Fabric amounts allow for different hoop sizes, for doodling, and to make more hoop embroideries. A nine-inch square of each is needed for a six-inch hoop, an eleven-inch square for a 7-1/2 inch hoop.