

RUNNING STITCH, DOUBLE RUNNING, THREADED RUNNING

RUNNING STITCH Needle comes up at 1 Completed Needle goes down at 2 first stitch Row of running stitches **DOUBLE RUNNING STITCH** Row of running stitches Turn, add stitches between row 1 THREADED RUNNING STITCH Row of running stitches Weaving thread through stitches

Completed threaded running stitch