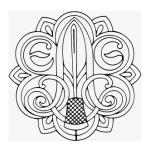


The Embroiderers' Guild of America, Inc.

Adult Stitching Series An Outreach and Marketing Tool for Chapters

Created by

The Gulfview Chapter



The Embroiderers' Guild of America

The Embroiderers' Guild of America (EGA) is a national non-profit educational organization offering study and preservation of the heritage and art of embroidery. EGA maintains an Embroidery Museum and Resource Center, located in Louisville, KY. The center is our primary location for education, distribution of needlework related materials, and publications to members and to the public.

- EGA membership is open to anyone interested in needlework, from the beginner to the professional.
- Members work within local chapters or a member-at-large network to improve their skills and knowledge.
- Chapters offer scheduled meetings, workshops, lectures, and stitch-ins
- We offer individual and group correspondence courses and teacher and judge certification programs
- Nine separate disciplines in master craftsman programs are offered
- EGA and its chapters regularly hold workshops featuring local, national and internationally recognized teachers and artists
- A traveling national, juried exhibit is sponsored every three years with both members and non-member submissions
- EGA's textile collection of nearly 900 pieces is a resource for study and research.
- The Museum's Margaret Parshall Gallery and Leslie Durst Gallery display historical and contemporary needlework from across the world as well as from EGA's chapters, regions, and members. EGA's Embroidery Museum is located at 426 West Jefferson, and is open to the public.

For Complete Membership Information, Please Contact

The Embroiderers' Guild of America.

1205 East Washington Street Suite 117

Louisville, KY 40206

502-589-6956 or email: EGAHQ @egausa.org

Or Visit

www.egausa.org

Introduction Stitching Series

Approximately a year ago, the Pasco County Regional Library presented the Gulfview Chapter with a challenge; design a beginning needlework class. The audience was to be adults and older teens. Classes needed to be held in the evening, one night a week and span 4 to 6 weeks.

This turned out to be a wonderful opportunity for our chapter in terms of an outreach project. In addition to pursuing one of our chapter goals (to preserve the art of needlework), we received a great deal of exposure and opportunities to attract new members.

This CD contains all the information and documents you will need to get started with this program. These documents are not in PDF format, so any changes that you may find necessary can be made by transferring them to a PC. In fact, you are encouraged to personalize this program to suit your chapter's needs.

The design process included the following goals:

- 1. Create a course that is "turn-key" and ready-to-go when it is needed.
- 2. Allow a variety of teachers to participate.
- 3. Standardize all materials so that students experience consistency.
- 4. Present information in a variety of ways to appeal to the way students learn; visual, auditory, demonstration & hands-on.
- 5. Present a variety of techniques to enhance needlework appreciation.
- 6. Provide a project opportunity that can be completed in a reasonably short time.

An important benefit of this program is the opportunity to use individual modules to attract prospective members. Guests attending stitch-ins or other chapter meetings can be exposed to a module of their choice. For example, we have met many cross-stitchers that would like to move on to something else. In this case, the Hardanger and Canvas projects have been popular choices. We started this aspect of the program in February, 2007 and by mid-March, we acquired three new members.

On behalf of the Gulfview Chapter, Sun Region, we sincerely hope you enjoy this program.

Stitching Series
Getting Started

Check List for Curriculum & Materials Manager

√	Category	Instructions	Give to:
	Getting Started	Print Table of Contents (provides location for each document)	Keep for yourself
	Getting Started	Print all documents in the Planning folder, plus Class Openers & Project Selection	Project Manager
	Materials for Teachers	Print all items under Lesson Plans and Student Handouts	Dean of Faculty
	Materials for First Class	Print Attendance list, Nametags, Student Overview, Classroom Sign,	Project Manager
	Materials for Assistants	Print Assistant Sign-up sheet, Classroom Assistant Responsibilities and 2 copies of Student Handouts	Assistant's Team Leader
	Projects	After 4 th class: Print all materials in the Projects folder. Assemble kits.	Project Manager
	Last Class	Print certificates, Student Evaluation and Evaluation Results form.	Project Manager

3/18/07 C&M Mgr Ck-Li

Table of Contents

Section Document Name Description

Getting Started C & M Mgr Ck-List Guides C & M Mgr through paperwork

process.

Table of Contents Provides location of all documents on

CD

Planning Roles & Responsibilities Designates responsibilities of

committee members and faculty.

General Planner General information; facilities,

personnel and materials

Tool Kit Preparation for each class.

Class Agenda Overview of activities for each class.

Brochure Description of program including

pictures of examples from each technique. Available at registration

point.

Administration Assistant Sign-up Classroom assistant planning.

Classroom Assistant

Responsibilities

Assistant and mentor responsibilities

and etiquette.

Attendance Name list with phone # & e-mail and

space to mark attendance.

Nametags For students. Fit into commercial

plastic over-the-neck covers.

Student Overview Class syllabus for students.

Classroom Sign Post outside classroom.

Tips Suggestions for managing the series.

Class Openers Guidelines for Project Manager.

Activities and talking points for starting

each class.

Table of Contents (contd.)

Lesson Plans Cross Stitch LP

Surface Embroidery LP

Canvas LP Hardanger LP Materials list, lesson plans.

Student Handouts Cross Stitch Handout

Surface Embroidery

Handout

Canvas Handout Hardanger Handout Hardanger Handout –

Practice

Diagrams and written instructions for stitches covered in each module.

Projects Project Planning

Contains Project Selection Form, Kit Specifications & Project Tent Cards

Cross Stitch Project

Surface Embroidery Project

Canvas Project Hardanger Project

Bonus Hardanger Project

Charts and instructions for each project.

Evaluation & Close-Out

Certificate Certificate of Accomplishment

Student Evaluation Administered during final class.

Evaluation Results Compilation of results including student

comments

Planning

Roles and Responsibilities

Committee
Members

<u>Project</u> Manager Arranges classroom location and facilities.

Oversees all aspects of the program. Speaks to students at beginning and end of each class.

Curriculum &
Materials
Manager

Prints and distributes all written materials (lesson plans, student handouts, kit instructions and administrative paperwork. Assembles materials and prepares class and project kits.

<u>Dean of</u> <u>Faculty</u> Selects teachers and distributes student's class kits (fabric & threads) in advance of class.

<u>Assistant's</u> <u>Team Leader</u> Schedules appropriate number of assistants. For each class or project night.

Conducts briefings, distributes "Classroom Assistant's Responsibilities" handout.

Photography & Signs

Takes digital photographs throughout series. Creates necessary signs for classrooms or advance publicity.

Faculty

Teachers

Team teaching concept: Each teacher teaches one

class.

Assistants & Project
Mentors

For consistency, assistants re encouraged to participate in as many classes or "project nights" as possible. Responsible for supporting the teacher, observing students, assisting them when needed and generally following established procedures.

Stitching Series Planner (General)

Committee Project Manager: Curriculum & Materials Manager: Dean of Faculty: Assistant's Team Leader: Photography & Signs Teachers (4): 1, 2. 3. 4. Assistants (4-6 per class, additional for mentoring) (sign-up sheet) Dates: Times: Location: Facilities: Older teens and adults (16 years or older) ** Students Maximum class size: 12 to 13 (overbook registration to 13 or 14) Curriculum Four basic techniques presented (one each for the first four weeks) Cross Stitch Surface Embroidery Canvas Hardanger Students will select one of the above techniques for their "project" for the 5th and 6th weeks. Materials Fabric, floss, pearl cotton, needles, scissors, hoops etc., donated by chapter. Poster in library (or public meeting place) lobby. Brochure with details Advertising produced by chapter located at reference desk. Various forms of advertisement by library and chapter such as newspapers. Registration Registration conducted by library.

3/15/07 General Planner

Planner (Tool Kit)

Preparation for Classes 1-4

Supplies for 12 to 13 students per class.)

For cross stitch

14 count Aida - 8" square
Tapestry size 22 needles
1 skein of DMC floss per student
Student handout (notes)

For <u>surface embroidery</u>:

Muslin - 8" square Chenille size 24 needles DMC floss on bobbins Student handout (notes)

For canvas:

 $3\frac{1}{2}$ " x $4\frac{1}{2}$ ", 10 or 11 count canvas - 4 each per student Tapestry size 22 needles Pearl cotton #3 cut in 24" lengths - color selection Student handout (notes) Sample stitches**

For <u>Hardanger:</u>

8" square 11 count Aida
Tapestry size 22 needles
Pearl cotton #5 and #7 cut in 24" lengths - color selection
Student handout (notes)
Sample pieces.

^{* &}quot;Sample Canvas Stitches" - Create sample of each stitch on same canvas pieces that students will be using.

Planner (Tool Kit) (contd)

Classroom

Materials MISCELLANEOUS ITEMS:

Donated by Chapter

(continued) Hoops: (12)

4-6" wooden

Needles: (12 each)

Size 22 tapestry Size 24 Chenille

Scissors:

6 pairs to be shared

Needle threaders:

6 to be shared

Teacher's lesson plans for each class.

Complete kits for individual projects. (Assembled after 4th class)

Easel with dry erase board with permanent grid marks.

Completed "project" examples of each of the 4 techniques – for

student selection.

Class Agenda

Class #1 Introductions: Students & today's teacher.

Brief history of EGA

Introduction Overview of the 6 week program.

Background information of cross stitch technique.

Cross Stitch Explanation of materials used in cross stitch.

Basic techniques (separating threads, threading needles, getting

started (away knot, etc.).

Discussion of cross stitch and counting techniques. Practice stitches using scratch fabrics and hoops.

Preview of next meeting.

Class #2 Answer questions (if any) about last week's class.

Background information of surface embroidery technique.

Surface Explanation of materials used in embroidery.

Embroidery Use pencil to trace small, simple patterns on muslin or linen.

Practice the following stitches: outline, satin, straight & fishbone.

Preview of next meeting.

Class #3 Answer questions (if any) about last week's class.

Background information of canvas technique.

Canvas Explanation of materials used in canvas.

Practice the following stitches: slant Goeblin, basic brick, double

brick, diamond, Scotch.

Preview of next meeting.

Class #4 Answer questions (if any) about last week's class.

Background information of Hardanger technique.

Hardanger Explanation of materials used in Hardanger.

Practice the following: kloster block or satin stitches, cutting &

wrapping fabric threads. Preview of next meeting.

Patterns for individual projects will be displayed again and students will select the technique they will use for their "project". Sign up

sheet will be used.

Class #5 Project kits will be distributed.

Mentors will provide assistance when needed.

Individual Projects

Class I#6 Students continue to work on their individual projects.

Mentors will provide assistance when needed.

Individual Projects

3/15/07 Class Agenda

The _____Chapter of The Embroiderers' Guild of America Presents: Stitching Series, An Embroidery Basics Class

(Sample information in red)

When are the classes held?

June 3,10,17,24, July 1, 8, from 6:00pm to 7:30 pm.

Where are they held?

Regency Park Library

Who Can Attend?

Participants from age 16 and up are invited to sign up. Only 12 spaces are available.

Is there a Cost?

"Stitching Series" is *free*. All materials have been donated by the Guild.

What will you learn?

You will learn;

- Basic embroidery techniques for handling thread, fabrics, patterns and other materials.
- Basic skills for four needlework techniques: All materials and tools will be provided.

What techniques will be taught?

- Counted Cross Stitch
- Surface Embroidery
- Canvas
- Hardanger

(Ask librarian for pictures of examples of these techniques.)

What is the format of the class?

- June 3: Preparation to stitch & Counted Cross Stitch
- June 10: Surface Embroidery
- June 17: CanvasJune 24: Hardanger

On June 24, students will select a project that involves one of the above techniques. Kits for these projects will be available on July 1. Students will work on their projects with the help of EGA mentors on July 1 and 8.

Can I sign up for just one class?

Because each class builds on the one before it, students need to attend all classes, we are sorry that individual class sign-ups are not available.

Who can I contact for more information?

If you need more details, please feel free to contact Jenna McClooney, project chair, Gulfview chapter for more details. **727.207.0420.**

Examples of the 4 Needlework Techniques Presented in the "Stitching Series"



Counted Cross Stitch



Surface Embroidery



Hardanger



Canvas

Revised 4/10/2010 Brochure

Administration

Stitching Series Sign up for Classroom Assistants

Date – Introduction and Cross Stitch						
Name	Telephone Number and Email					
Date – Surfa	ace Embroidery					
Name	Telephone Number and Email					
Date -	- Canvas					
Name	Telephone Number and Email					
Date – I	Hardanger					
Name	Telephone Number and Email					

Stitching Series CLASSROOM ASSISTANT Responsibilities

Arrive on Time Be on location and prepared to take instructions from the teacher a

minimum of 15 minutes prior to class start time.

Know your location Be aware of the nearest restroom facilities, and emergency exits and be

prepared to assist students in an emergency.

Set up Classroom Assist the teacher with any room adjustments.

Distribute Materials Wait until the teacher tells you to distribute the kits.

During Classes Please do not sit at the table with students. Either stand or sit on chairs on

both sides of the room. Be available to move around the room to help

students as needed.

During Project Nights You will be assigned to help individual students and will be asked to sit at

the table next to them.

Support Teacher Support the teachers preferred methods and style. Please do not correct the

teacher in front of students. If you have a suggestion, take teacher aside

during an appropriate time.

Questions Allow the teacher to answer all questions unless she is involved with

another student.

Be Unobtrusive Sit or stand in a location that will enable you to assist as necessary. .

Don't lean on students chair or hover over students. Set the example during

class - no excessive talking with students or other assistants.

Assisting Students Watch for students who may need assistance and step in discreetly

when students ask their fellow students questions.)

Demonstrate Try to maintain a "hands-off" manner when helping students. Sometimes it

is necessary to demonstrate but try to keep it at a minimum.

Collect Materials at the

end of Each Class

Scissors, Threaders, Hoops, Excess threads, etc.

Students Keep Scratch fabric, needle and printed handouts.

Preparation

2/09/07 Classroom Assistant

Review student materials before the start of each class or mentoring session.

Stitching Series Location - Student Attendance Sheet

Name	Phone Number	e-mail	1/11	1/18	1/25	2/1	2/8	2/15

1/10/07 Attendance

Print on card stock

First	First
Last	Last
First	First
Last	Last

1/10/07 - Nametags

Stitching Series- Student Overview

Class #1 Learn about the Embroiderers' Guild and meet your teacher.

Participate in discussions about:

• embroidery materials and equipment

• basic needlework techniques such as separating threads, threading needles, and getting started.

• background information on cross stitch technique.

Practice:

Introduction

Cross Stitch

Surface

Canvas

Class #4

Hardanger

Embroidery

cross stitches using scratch fabrics and hoops.

Class #2 Participate in discussions about:

• Background information of surface embroidery technique and explanation of materials used in surface embroidery.

Practice: • Outline, satin, straight & fishbone stitches.

Class #3 Participate in discussions about:

· Background information of canvas ebroidery technique and explanation of materials used.

• Slant gobelin, basic & double brick, diamonds & Scotch stitches.

Participate in discussions about:

• background information of Hardanger technique and explanation of materials used in Hardanger.

Practice:

Practice:

• Kloster block or satin stitches and cutting & wrapping fabric

At the end of this class, you will select your individual project.

Class #5 You will receive your project kit and begin stitching. You will have a Individual Projects

mentor who will provide assistance when you need it.

Class 1#6 You will continue to work on your individual projects.

Mentors will be available. Individual Projects

1/5/07 Student Overview

Chapter

The Embroiderers' Guild of America



Stitching Series Class

Stitching Series-Tips

This section contains additional suggestions.

Brief Assistants	Review the assistant's responsibilities and provide copies of studen	t
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handouts for them to study prior to the start of each class. Assistants need to know which stitches are used and how they will be taught.

How Many Assistants?

During classes, try to get a minimum of 1 assistant per 3 students;

During projects, 1 per 2 students is preferred.

Share Needlework Publications Give each student an older copy of Needle Arts so that they can see first-hand one of the important benefits that EGA provides. (Some of our students would bring theirs back and exchange for another one) Examples of chapter newsletters are also beneficial.

Our chapter frequently receives donations of various stitching magazines, and other related periodicals. These can be given away also.

Invitations

Invite students to a stitch-in or general meeting held during the series. Provide a handout so that they have information on time and location & directions.

Packaging Projects

Use inexpensive light-weight plastic bags to hold materials for each student's project. Pictures can be printed on the project cover or for a more professional look, on photo paper and attached to the cover.

Project Prototypes Actual stitched examples of each project are helpful. Show them off on the first night and also at the time projects are selected.

Class Openers

<u>It is recommended that the Project Manager or some other individual open each class with introductions (teacher and assistants) and comments.</u> The agendas described below worked well for our chapter:

Class 1

Provide a high level overview of the EGA organization and the importance of outreach. Give students your chapter brochure or informational bookmark. Pass out Student Overview and review the information. Show examples of projects & explain process briefly

Class 2

Briefly discuss the importance of preserving the art of needlework and how this is done through education for members and outreach to the community in the form of classes like this as well as exhibits. Explain the types of education that members receive; EGA certified professional teachers, GCC, ICC, local chapter classes and individual mentoring etc.

Ask students to introduce themselves and possibly take a group student picture.

Class 3

Have Seminar and education catalogues available for "early birds" to look at. Discuss any current or recent education project at your chapter and show the piece (preferably not finished) along with the instructional materials that we use.

Determine if students are willing to come to next class 15 minutes early. Extra time is needed to select projects.

Class 4 Go right into Hardanger class

15 minutes before end of class, have students select their project.

Class Openers (contd.)

Class 5

Arrange tent cards so that students doing the same project sit together. Provide general instructions. Specific technique instructions can be given as kits are distributed.

Open class with "Expand Your knowledge" Show and tell - pick a technique not taught in this series and explain basics of technique while showing examples (we did Rozashi) *

Class 6

Open class with "Expand Your Knowledge" - display another technique (we did "mixed media" pieces that included drawn thread, embroidery and needle weaving.)

15 minutes before the end of class, give students an evaluation form to fill out - explain importance. Encourage them to provide information in the comments section and that their comments are anonymous. As each one completes their evaluation, give them "Certificate of Completion". Remind students they are invited to attend a meeting as a "guest" and pass out membership application forms. Explain membership fee and the benefits of joining EGA.

^{* (}students love show and tell and any discussions about designers, classes, techniques etc.

Lesson Plans

Cross Stitch - Lesson Plan

Materials 14 count Aida approximately 8" square

for This DMC Floss - large selection
Class Erasable marker board
Student handout (notes)

Sample project piece and/or pictures. Examples of counted cross stitch.

Equipment 4-6 " embroidery hoop

Tapestry needle size 22

Scissors

Introduction Introduce assistant(s)

Historical Discuss

Teaching Points

- Cross-stitch is one of the universal stitches of embroidery.
- Most cultures that have embroidery have some form of cross-stitch.
- It is also one of the earliest stitches found on clothing from Egyptian and South American tombs.
- In modern times, and in many countries, working on a crossstitch pattern is a universal language all its own.

Introduction P

Pass around samples for students to touch and see up close - provide explanations when necessary.

Needlework

to

Fabrics:

Aida, Linens, Canvas

General Needlework Fibers:

vork DMC floss, Pearl Cotton, Silk, Metallic

Discussion Stretchers:

Wooden hoops, Q-Snaps, stretcher bars.

Needles:

Tapestry, embroidery, beading, etc.

Needle Threaders: Several types

Magnification and lighting devices

CROSS STITCH - Lesson Plan, continued

Definition

Explain

of

Embroidery

Embroidery is simply defined as decorating a fabric with a threaded needle. This means that all the techniques that use a threaded needle for decoration are put under the broad definition of embroidery.

Our topic for today is Cross-stitch which is a form of embroidery.

Basic

Explain what students will learn in today's class.

Techniques to be

Covered

.By the end of today's class, students will learn the following techniques.

- Preparing the floss for stitching
- Threading the needle
- Attaching fabric to hoop
- Practice basic cross-stitches
- Basic patterns and counting.

Student

Distribute student handout and explain how it will be used.

Notes

Materials & Pass out:

Equipment

- Fabric and thread selection
- Needles, scissors, hoops

Preparing the Fabric Explain they will be using "scratch fabric" for practice purposes. When doing a project, it is helpful to prevent the edge from fraying.

To keep fabric from fraying, do one of three things:

- 1. Whip around the edges with floss or sewing thread.
 - 2. Use liquid Fray Check
- 3. Zigzag or surge on a machine. (Tape is not usually recommended)

Place

Demonstrate

Fabric in Hoop

- Gently pull until taut and tighten the screw.
- The screw should be in the "ten-o'clock" position in order to keep floss from tangling in the screw.
- Don't leave project on hoop when you are not working on it.

Ask students to place fabric in their hoop.

CROSS STITCH - Lesson Plan, continued

Separating the Floss

Demonstrate

- Tap top of thread bundle to start separation of threads.
- Hold tightly all 6 strands between thumb and forefinger and pull out desired length and cut. (Note hands on the back of the label.)
- To pull out one strand (out of 6), grab one strand between thumb and forefinger and gently pull up and away, while holding the six strands in the other hand. This is called "stripping".
- Combine the desired number of strands (e.g. 2)

Ask students to prepare a length of floss for stitching.

Threading the Needle

Demonstrate

Thread needle with and without one of the needle threaders.

The End of the Thread

Explain

Knots on the back are not acceptable. There are several methods to start stitching:

Show students examples and explain the following methods.

- Waste knot; Place knot on top of fabric in a straight line with the stitching, so that the trailing thread (the thread that goes under the fabric over to the starting stitch) will be covered by the stitches themselves.
- Hold an inch of thread behind the fabric and secure it by the first two or three stitches
- Away knot and weave thread through later.

Point out method that will be used in this class.

Stitching

Explain

Stab Method:

Used on Aida cloth and correct for Cross-stitch.

Create stitches with 2 motions: "Stab" up, pull thread gently but not tightly and "stab "down and pull thread.

Explain difference between "clean hole" and "dirty hole"

Refer students to handout and information on "direction."

Use the dry erase board to demonstrate horizontal and vertical stitches. Explain difference between "trips" and completing each individual stitch before moving to the next.

CROSS STITCH - Lesson Plan, continued

Twisted Explain

Thread If floss becomes twisted, drop the needle and let it hang down. It

will unwind. It is wise to do this often.

Finishing Explain

Thread Run the needle under three to five stitches on the back of the

design and cut close.

Practice Assist students as they practice each stitch.

Wrap Up Collect the following:

Hoops & scissors

• Students can keep handouts and scratch fabrics and needle

to practice.

Ask:

• Are there any questions?

Next week:

• Surface Embroidery.

Cross stitch LP

SURFACE EMBROIDEERY - Lesson Plan

Materials

Muslin 8" square

for This

DMC Floss - selection

Class

Erasable marker board

Student handout

Project piece and/or pictures Examples of surface embroidery

Equipment

4-6 " embroidery hoop

Chenille needle, size 24

Scissors

Introduction *Introduce assistant(s)*

Historical

Discuss

Teaching Points

- Embroidery is believed to originate in the Orient and Middle East as early as 3500 BC.
- The oldest embroidery works still in existence date back to the Middle Ages when embroidery was often used in ecclesiastical vestments and clothing.
- The first commercial embroidery was established in New York in 1848. All stitching was done by hand by 15 women.
- The development of machine embroidery did not take place until the late 1860s or early 1870s.

Show examples

Basic

Explain what students will learn in today's class.

Techniques

.By the end of today's class, sudents will learn 4 stitches:

to be Covered

- Stem or outline stitch.
- Satin stitch.
- Straight stitch
- Fishbone stitch.

Student Notes

Distribute student handout and explain how it will be used.

12/17/06 Surface Embroidery LP

SURFACE EMBROIDERY - Lesson Plan, continued

Materials &

Pass out:

Equipment

- Fabric
- Scissors
- Floss
- Hoops

Preparation

Ask students to place fabric in their hoop, separate floss, prepare a length for stitching, thread needles, use away knot or other appropriate method for starting the stitches.

Explain the number of strands of floss to be used.

Begin Embroidery Stitch Practice

Review Embroidery Hints:

- Wash hands before picking up embroidery work.
- Never leave fabric stretched on hoop when not working on it.
- If thread becomes tangled or knotted, let needle and thread dangle to unwind.
- Never use more than a yard of thread in your needle.
- Work with good light.
- Never knot on the back of fabric.

Explain the difference between Tapestry and chenille needles.

Demonstrate

- If necessary demonstrate by making large stitches on fabric in a larger hoop.
- Draw using dry marker board.
- Refer to stitch diagrams.

Practice

Assist students as they practice each stitch.

Wrap Up

Collect the following:

- Hoops & scissors.
- Students can keep handouts and scratch fabrics.

Ask:

• Are there any questions?

Next week:

• Canvas

Canvas - Lesson Plan

Materials $3\frac{1}{2}$ " $X 4\frac{1}{2}$ " canvas squares - 10 or 11 count (4 per student)

for This Pearl Cotton #3 - various colors (approx 24" long"

Class Erasable marker board

Student handout

Project piece and/or pictures

Equipment Tapestry needle, size 22

Scissors

Introduction Introduce assistant(s)

Historical Discuss

Teaching
Points
• Canvas work is a type of embroidery in which yarn is stitched through a canvas or other foundation fabric.

- It is a form of counted-thread embroidery.
- Common types of canvas work include <u>needlepoint</u>, <u>petit point</u>, and Bargello.
- Bargello was developed in Europe. It uses colors and stitches to create motion and patterns.
- Modern canvas methods have incorporated <u>a</u> variety of threads and stitches to create dimension and texture.

Show examples of canvas work.

Canvas - Lesson Plan, continued

Basic Techniques to be Covered

Explain what students will learn in today's class.

.By the end of today's class, students will learn 4 beginning canvas stitches:

- Slant Gobelin
- Basic Brick & Double Brick
- Diamond
- Scotch

Student Handout Materials & Equipment Distribute handouts and explain how they will be used.

Pass out:

- Canvas bundles (4 each)
- Scissors
- Pearl cotton (students select several strands from #3 pearl cotton samples)

Preparation

Explain:

- Canvas is an open <u>even-weave</u> mesh fabric, with large spaces or holes to allow heavy threads to pass through without fraying
- It comes in various thread counts, or threads per square inch such as 14, 18, or 24.

Display several pieces of canvas that demonstrate different thread counts.

• Explain how Pearl cotton differs from floss.

Ask students to thread their needles with a length of #3 Pearl Cotton thread and prepare an away knot for the first stitch.

CANVAS - Lesson Plan, continued

Begin Embroidery Stitch Practice

Review Embroidery Hints:

- If thread becomes tangled or knotted, let needle and thread dangle to unwind.
- Never use more than a yard of thread in your needle.
- Work with good light.

Demonstrate

- If necessary demonstrate by making large stitches in front of the class.
- Draw using dry marker board.
- Refer to stitch diagrams.

If some students finish Basic Brick stitch quickly, they can practice Double Brick while other students catch up.

Practice

Assist students as they practice each stitch.

Before the end of class, pass around ABC or stitching sample books so students can see the variety of stitches that are available.

Wrap Up

Collect the following:

- Scissors
- Students can keep handouts and scratch fabrics.

Ask:

• Are there any questions?

Next week:

Hardanger

Hardanger - Lesson Plan

Materials for This

11 count Aida, 6" square Pearl cotton thread, 5 & 8 Student handout (notes)

Class

2 examples of classroom practice: one with only Kloster blocks, the second including cut and drawn threads and a single woven bar.

Equipment

Tapestry needles size 22.

Scissors

Erasable marker board

Introduction *Introduce assistant(s)*

Historical

Discuss

Teaching **Points**

- Hardanger embroidery originally came from ancient Asia and Persia.
- It is an open type of needlework.
- It reached Norway and other Scandinavian countries just prior to the 1800's where it evolved into traditional folk embroidery.
- Hardanger uses geometric elements to embellished household linens, blouses, caps, and aprons for the traditional peasant costume.

Show examples.

Basic

Explain what students will learn in today's class.

Techniques

.By the end of today's class, sudents will <u>learn</u> these techniques:

to be Covered

- Handling the fabric and threads.
- Kloster block or satin stitch.
- Cutting fabric threads.
- Weaving fabric threads.

HARDANGER - Lesson Plan, continued

Student

Notes

Distribute handouts and explain how they will be used. (This includes diagrams of stitches, cutting and wrapping plus pattern for classroom practice.)

Materials & Equipment

Pass out:

- Fabric
- Scissors
- Threads (#5 and #8 pearl cotton)

Explain:

- The 11 count Aida is a good fabric to use during the initial learning opportunity.
- It would never be used on an actual project.

Preparation

Explain:

- Types of fabrics used (usually even weave)
- Why fabric is held in the hand rather than hoop.
- Method of stitching (sewing rather than stabbing).

Kloster

Block

Format

Explain:

- Kloster blocks are the basis of the Hardanger technique.
- Blocks usually provide the basic outline or shape of a design.
- Kloster blocks consist of 5 satin stitches over 4 threads.
- Always count over 4 threads, do not count holes.

Demonstrate Explain:

Kloster Block

- Pattern that will be used to practice (square with two kloster blocks on each side.
- Pass around 2 classroom practice examples.
- Ask students to thread needle with #5 Pearl cotton, set an away knot and come up where first stitch will be located.
- Demonstrate the sewing technique...
- or sketch a diagram using dry marker board.
- Explain proper tension
- Refer to stitch diagrams.

Practice

Assist students as they complete the pattern.

HARDANGER - Lesson Plan, continued

Demonstrate Demonstrate cutting and removing threads

- Cutting
- Or draw using dry marker board.
- Refer to stitch diagrams.
- Don't cut all fabric threads at one time. Start by cutting 4 threads in blocks directly across from each other (consider it a "pair".) Remove those fabric threads and then continue to cut another "pair" and so on.

Practice

Assist students as they cut.

Wrapping

Demonstrate Demonstrate how fabric threads are wrapped using #8 Pearl cotton.

Threads

- Or draw using dry marker board.
- Refer to stitch diagrams.

Practice

Assist students as they practice wrapping threads:

Wrap Up

Collect the following:

- Scissors, excess threads
- Students can keep handouts and scratch fabrics.

Ask:

• Are there any questions?

Select Project

Assist students with selection of project.

- Students will now sign up for projects on sheet provided.
- Kits will be distributed at the next class.
- Students select from project samples. Where possible, allow a selection of color.

Student Handouts

Stitching Series Cross Stitches

The Cross-Stitch

It doesn't matter which arm of the cross is on the top as long as <u>ALL</u> THE stitches ARE CROSSED IN THE SAME DIRECTION. The Danish tradition of Cross-stitch involves two trips. The first trip lays down the "under" cross stitches in a line. The second, or return trip) crosses back over in the opposite direction. This leaves a series of simple vertical lines on the back.

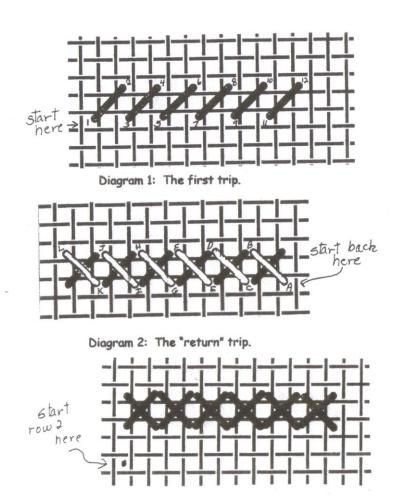
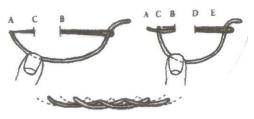


Diagram 3: Where to start the second row.

Stitching Series SURFACE EMBROIDERY Stitches

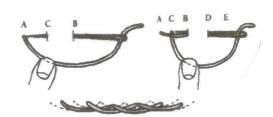
Stem or Outline Stitch

- Bring needle up at A down at B, and up at C etc.
- Hold the thread below the needle.
- This outline stitch can be used for curves and straight lines.



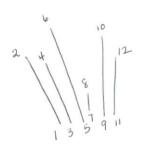
Stem or Outline Stitch

- Bring needle up at A down at B, and up at C etc.
- Hold the thread below the needle.
- This outline stitch can be used for curves and straight lines.



Straight Stitch

- Stitch can be worked right to left or left to right.
- Come up at 1, down at 2, up at 3 etc.
- Keep threads smooth.
- Keep even tension...



Fishbone Stitch

- Come up at A, down at B, up at C.
- Create a loop and go down at D.
- Come up just below B and go down at E, catching the loop







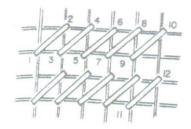




Stitching Series Canvas Stitches

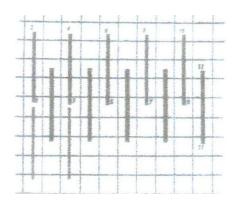
Slant Gobelin

- Also called Tent or Continental stitch
- May be worked over 1 or 2 threads wide
- And over 2 to 6 threads high.
- Work in straight rows.
- Example is stitched over 2 intersections.



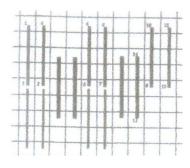
Basic Brick

- Worked vertically over 4 threads
- 1st row: a space is skipped between each stitch
- 2nd row: the tops of the stitches are placed in the middle holes in the empty spaces of the first row.



Double Brick

- Over 4 threads
- Skip 2 spaces between each pair of stitches

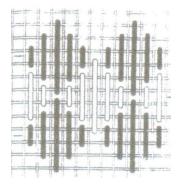


1/4/07 Canvas Handout

CANVAS Stitches (continued)

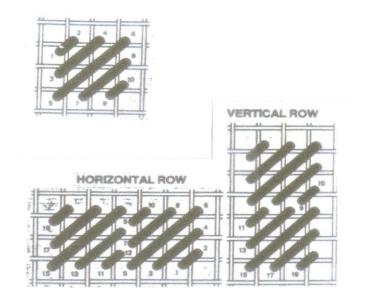
Diamonds

- A combination of 5 upright stitches
- Work over 2-4-6-4-2 threads
- Skip a space between each pattern unit



Scotch

- Begins with a diagonal stitch over 1 intersection
- Increase next stitch to cover 2 intersections
- Third stitch covers 3 intersections
- 4th stitch decreases by 1
- 5th stitch covers 1 intersection
- Pattern can be repeated horizontally or vertically



Stitching Series Hardanger Stitches

Kloster Blocks (satin stitches) - Straight Line

- Use Pearl cotton #5
- Stitch over 4 threads
- Each block contains 5 stitches.
- Note start location (see back of fabric)
- To end threads, on the wrong side, carefully slip the needle back under the last 4-6 blocks.
- Make a U turn, skip several threads and thread needle under 2 blocks and cut end

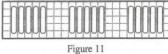


Figure 12

(correct) (back of fabric)

Figure 13

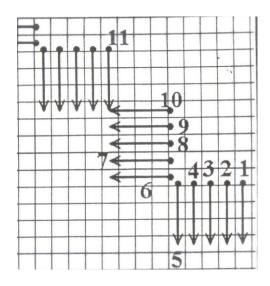
(incorrect)



Kloster Blocks (satin stitches) - Step Stitches

Straight Line

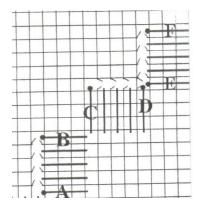
- Blocks contain 5 stitches
- Stitch over 4 fabric threads.
- Holes are shared.



HARDANGER Stitches, continued

Cutting the Thread

- Always cut perpendicular to the Kloster block.
- Always cut with the block to the right of the scissor blade.
- Cut 4 fabric threads.
- Don't cut all fabric threads at one time. Start by cutting 4 threads in blocks directly across from each other (consider it a "pair".) Remove those fabric threads and then continue to cut another "pair" and so on.

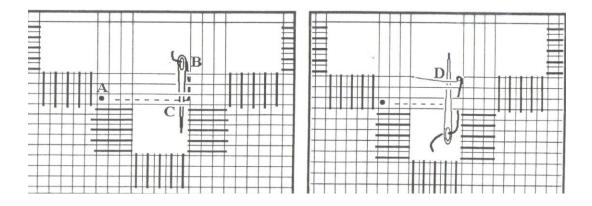


Removing the Cut Fabric Threads

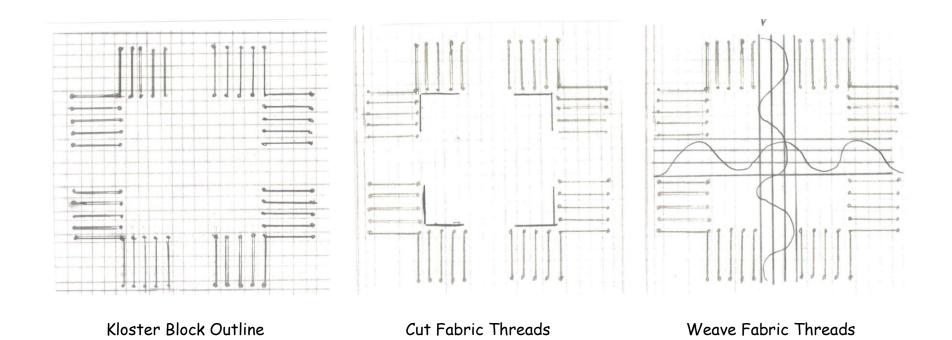
- Lift or start pulling threads with needle or scissor tip.
- Use tweezers or fingertips to remove threads.

Needle Weaving

- Use pearl cotton #8 or #12
- Place knot on end of thread.
- At A, stitch down leaving the knot on the front of the fabric.
- Come up at B and start weaving.
- Excess thread will be covered as bar is woven.
- Use figure 8 motion
- Weave from right to left



Hardanger Classroom Practice



1/10/07 Hardanger Handout Practice

Projects

Project Selection

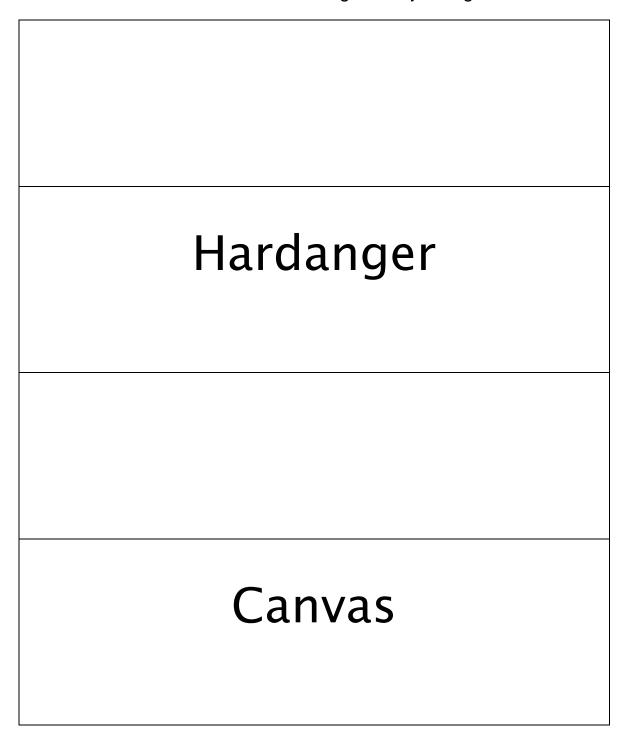
Name	Cross Stitch	Surface Embroidery	Canvas	Hardanger

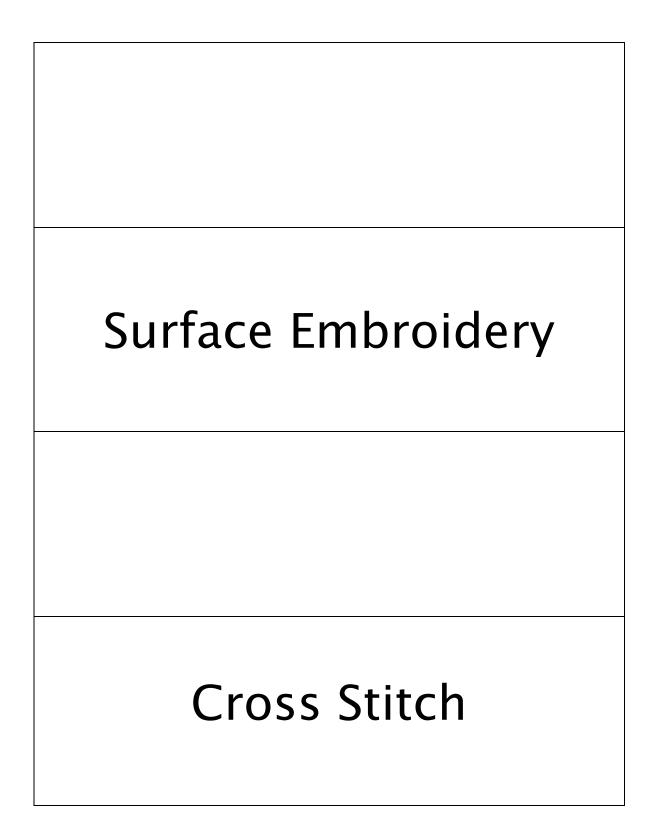
Kit Specifications

Project	Pattern	Fabric	Needle	Threads		
Cross Stitch "Friendship Grows"	Lizzie Kate	14 Aida - 7" × 7" serge edges	22 Tapestry	DMC: Variety		
Cross Stitch DMC Kits **	DMC	Included in kit				
Surface Embroidery "Pink Flower"	JM Drawn on fabric	Linen (opaque) 7-8" square	24 Chenille	DMC: Assorted, & center bead		
Canvas Ornament	JM	16 or 18 count canvas 5" square	22 Tapestry	#5 Pearl Cotton & Floss		
Hardanger Ornament or large bookmark	JM	even weave (22 count) serge edges	22 Tapestry 24 Tapestry	Pearl: #5 & 12 Assorted colors, beads		
Hardanger Small Bookmark	JM	22 Hardanger 6 ½" x 9 ½ "	22 Tapestry	Pearl: # 5 & 12 Assorted colors, beads		

^{**} Free DMC kits that are sent to members of their "Mentor Program."

Tent Cards - Seating for Project Nights



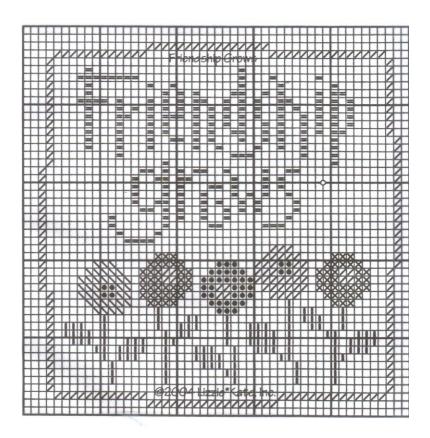


Cross Stitch Project



Designed by; Lizzie Kate Inc. 2901 Oriole, Wichita KS 67204 Permission to reproduce granted by LK Inc

Cross Stitch Project "Friendship Grows"



Instructions

Fabric: 14 or 16 count

Aida - 7" square

Thread: Floss - variety of

colors

Needle: 22 Tapestry

Hoop: 6"

Stitch count 47W x 47H

- 1, Plan colors for each part of the project.
- 2. Locate center of fabric.
- 3. Locate starting point for border.

Using 2 fabric threads:

- 4. Stitch border.
- 5. Stitch letters.
- 6. Stitch stems and leaves.
- 7. Stitch flowers.

Design by Lizzie Kate Inc., Wichita, KS This design may be reproduced for handout.

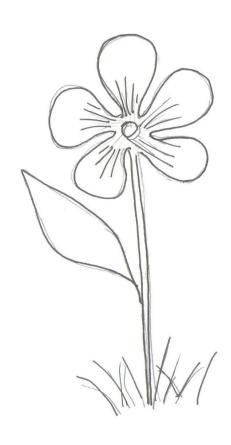
Surface Embroidery Project



Designed by; Jenna McClooney, Gulfview Chapter EGA - January 2007

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Surface Embroidery Project "Pink Flower"



Instructions

Fabric: Opaque linen – 7"

square

Thread: Floss - variety of

colors

Needle: 24 Chenille

Hoop: 6"

1, Sort threads.

Using 2 fabric threads:

- 2. Satin stitch petals.
- 3. Straight stitch shading on petals.
- 4. Outline stitch on stem
- 5. Fishbone stitch on leaf.
- 6. Straight stitch on grass.
- 7. Secure bead with thread.

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 $1/6/07-Cross\ Stitch\ Project$

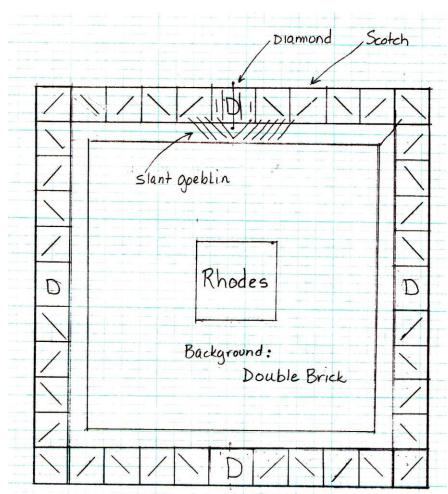
Canvas Project



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Canvas Project



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Instructions

Fabric: 18 count canvas – 6" square

Thread: #5 pearl cotton, floss &

Kreinik #4 (002) braid. Needle: 22 Tapestry Worked "in hand".

- 1, Sort threads.
- 2. Scotch Stitch outside border
- 3. Leave space for "flat top" diamond
- 4. Slant Gobelin stitch inner border
- 5. Rhodes stitch in center
- 6. Double or single brick background

See next page for details

Instructions (continued)

Step 2 Scotch Outside border

(#5 Pearl cotton)

- a. Alternate direction of Scotch squares.
- b. Complete 5 squares then skip 4 fabric threads.
- c. Continue with 5 more squares
- d. Complete all 4 sides before proceeding to step 3.

Step 3 Flat Top Diamond Center of outside border, each side

(#5 Pearl cotton)

- a. Use contrasting color from step 2.
- b. You could also use 4 strands of the darker color floss.
- c. If you use floss, make sure threads lie flat.

Step 4. Slanted Gobelin Inside border

(#5 Pearl cotton)

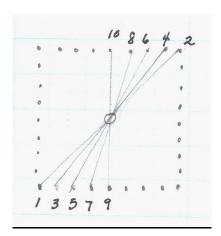
- a. Use the same color as Step 3.
- b. Change the direction of the slant at each "V" that was created by the bottom of the flat diamond stitch.
- c. Stitch over 2 intersections.
- d. Come up in a clean hole; go down in shared hole with scotch stitches.

Instructions (continued)

Step 5. Rhodes Square Center Motif

(3 strands of dark color floss with 1 strand of metallic)

- a. Locate the center of the pattern...
- b. (Draw a line from the tip of one diamond to the one directly across. Do the same in the opposite direction.) .
- c. Count over 4 threads to the left and down over 4 threads.
- d. This hole will be #1 on the diagram below.
- e. Make sure all threads in each stitch lie flat and are not twisted.



Come up at number 1, go down at 2, up at three and continue around the square. You should have 9 stitches on each side of the square.

Step 6. Double or single brick Background

- a. (4 strands of light color floss.)
- b. Use "compensation" stitches to fill in the entire area.
- c. Make sure all threads in each lie flat and are not twisted.

Hardanger Project

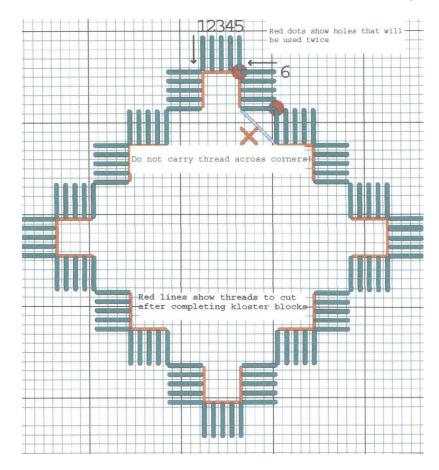


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2/5/07 Project Covers

Hardanger Project



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1/6/07 – Hardanger Project

Instructions

Fabric: 22 - 25 count even weave

Edge of fabric stitched to prevent fraying Vertical reference stitch line in center of fabric

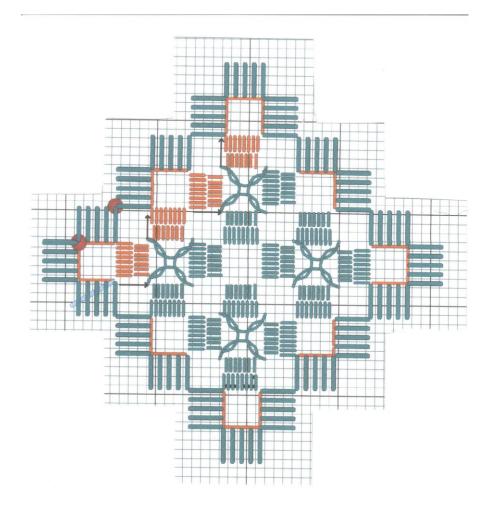
Thread: #5 and 12 pearl cotton

Needle: 22 & 24 tapestry. Worked "in hand".

- 1, Review available threads.
- 2. Stitch Kloster blocks to form complete border.
- 3. Position the 3rd stitch of the top Kloster block over the reference thread.
- 4. Use reference thread to insure top and bottom blocks are stitched correctly.
- 4. Cut fabric threads

Instructions continued on next page.

Instructions (continued)



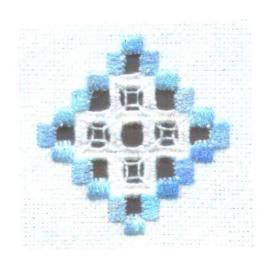
Instructions (continued)

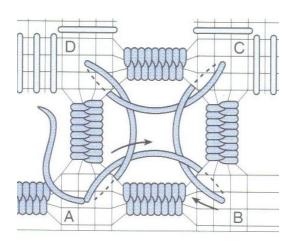
- 4. Weave bars.
- 5. Include Dove's eyes while weaving bars. (See next page for diagram)
- 6. Add beads to center dove's eye.
- 7. If using square fillets, stitch <u>after</u> bars are woven.

(See next page for diagram)

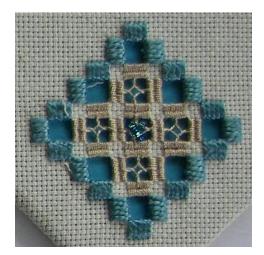
Instructions (continued)

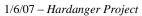
Square Filet: Follow instructions below.

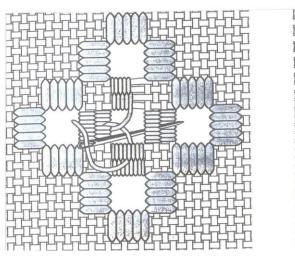


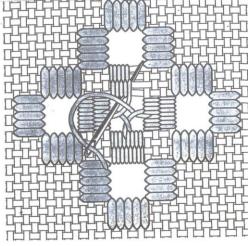


Dove's Eye: Weave 3 bars. Halfway through the 4th bar, stitch the dove's eye, then complete the 4th bar.

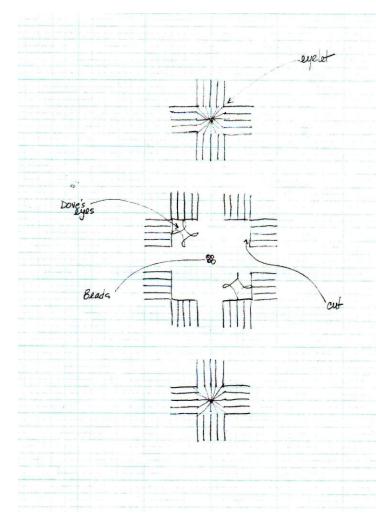








Bonus Hardanger Project



Instructions

Fabric: 22 – Hardanger Fabric

Edge of fabric stitched to prevent fraying Vertical reference stitch line in center of fabric

Thread: #5 and 12 pearl cotton

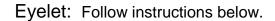
Needle: 22 Tapestry Worked "in hand".

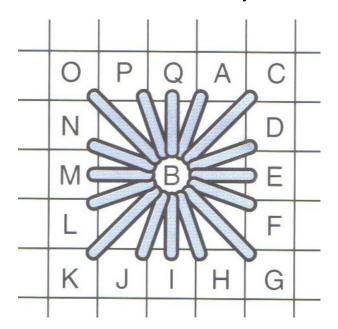
- 1, Review available threads.
- 2. Stitch all Kloster blocks.
- 3. Stitch eyelets.
- 4. Cut fabric threads
- 5. Weave bars & include eyelets.
- 6. Attach beads

See next page for details

Design by Jenna McClooney, Gulfview Chapter This design may be reproduced for any EGA project. 1/6/07 – Bonus Hardanger Project

Instructions (continued)





Stitching the Eyelet

- 1. Start the eyelet at "A" (come up from the back at A.
- 2. In one motion "stitch" down at B and up in C.
- 3. Pull thread slightly to begin enlarging the hole at B.
- 4. With each stitch, go down in B then up at the next hole (D, then E, etc.) working clockwise.
- 5. As you work, the hole will continue to get wider.
- 6. Try to make all eyelets in your piece look the same.

Finishing Embroidery

Consider giving a copy of this 2 page section on finishing, to your students at the end of class. A special thanks to Karen Wojahn of the Green Bay Area Chapter for providing this helpful information.

Place name/initials and date on piece.

Washing Embroidery – wash only if necessary.

Test materials for colorfastness to prevent dyes from running. Gently rub a wet cotton swab over each different color in your piece. If there is any color transfer, don't wash the piece at all.

Canvas needs to be blocked.

Crewel embroidery can be washed if stretched tightly on a frame.

Hand wash with a liquid detergent that is gentle and free of dyes, perfumes, oils and phosphates.

If you have hard water or iron in your water source, use distilled water for washing.

Submerge the embroidery in water and gently move the piece around in the water. Leave the piece in the water for at least 10 minutes. Rinse embroidery until all detergent is removed. Also make sure there is no dye running.



Roll in a towel to remove excess water and dry flat on a dry towel.

If ironing is necessary, place embroidery face down on a towel, place a lightweight white cloth over the back to prevent scorching and snagging threads and press on back.

Framing Embroidery

Mount on acid free board. Pin the embroidery (with rust proof pins) or lace onto the board.

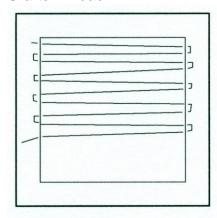
Place embroidery in frame and secure. Place brown paper on back to keep embroidery clean.

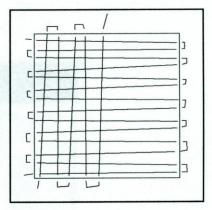
If using glass, have space between embroidery and glass, either with mats or spacers.

Lacing Embroidery

Position the embroidery over the mounting board, centering it carefully, then turn the embroidery over, placing it face down on your work surface. Fold over the sides of the embroidery and lace together. Make sure there is a straight line fabric thread at the front fold.

For lacing use: #12 Perle Cotton, Unwaxed/unflavored dental floss, or Buttons, Carpets and Crafts Thread.





Ornament Finishing

Cut two pieces of acid free board the size of the finished ornament.

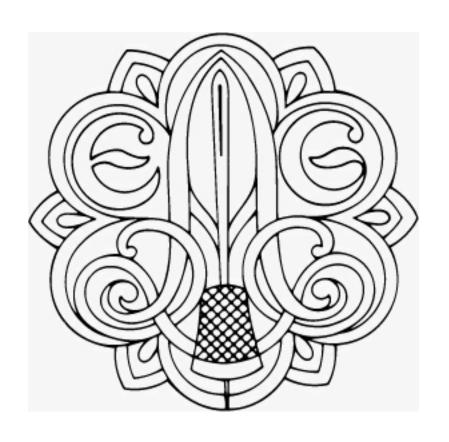
Lace embroidery onto one board and backing fabric on second board. Place wrong sides together and whip stitch two pieces together. Finish with cording and tassel, if desired, securing ends in between ornament sides before finishing whipping sides together.

Or, backstitch around each side of ornament and wrap stitch backstitches together. Add tassel if desired.

Cords – Use thread 3 times the length of the final cord. Secure one end, loop the other around a finger pencil, knitting needle or chopstick and hand twist it very tight. Let it fold in half, smoothing out bumps.

Tassels – One skein DMC floss – remove labels – Cut off 18" from one end. Cut this piece into two parts one 6" and the other 12". Fold skein in half over 6" length of floss. Wrap 12" piece of floss around top of skein for neck of tassel. Finish ends in tassel.

Evaluation and Close-out



Certificate of Accomplishment

For the Completion of

Stitching Series

Presented by
The Embroiderers' Guild of America, Inc.

Date

Cross Stitch, Surface Embroidery, Canvas & Hardanger

Stitching Series STUDENT EVALUATION FORM

Class: "Stitching Series	<u> </u>	Dates :	
<u>For e</u>	ach statement, circle th	e word that represents	your opinion.
	ning basic stitches from 4 roduced to needlework.	techniques then working	on a project with a mentor was
Definitely Agree	Agree	Somewhat Agree	Don't Agree
Comments:			
2. The content of this c	lass was presented in a c	coherent, easily understoo	od manner.
Definitely Agree	Agree	Somewhat Agree	Don't Agree
Comments:			
3. The quality and amo	unt of materials provided	was good.	
Definitely Agree	Agree	Somewhat Agree	Don't Agree
Comments:			
4. I received an appro	priate amount of individua	al attention from the teach	ers or assistants.
Definitely Agree	Agree	Somewhat Agree	Don't Agree
Comments:			
5. Place a number 1 the echnique.	rough 4, (with 1 being you	ur favorite) in the box nex	t to the name of each
Cross Stitch	Surface Embroide	ry Canvas	Hardanger
Comments:			
6. I plan to continue s	titching in the future.		
Definitely Agree	Agree	Somewhat Agree	Don't Agree
Comments:			

If you have any additional comments, please use the back of this page.

07/23/06 Student Evaluation

Results: STUDENT EVALUATION FORM

Class: "Stitching Series" Location: Hudson Library Dates: Jan 11 – Feb 15, 2007

Total Respondents: 11

1. The concept of learning basic stitches from 4 techniques then working on a project with a mentor was a good method to be introduced to needlework.

Definitely Agree	Agree	Somewhat Agree	Don't Agree	No Answer
7	4			
Comments:				
"The stitching	as explained very wel time for the 4 techniq was good and clear."	ues (practice) needs t	o be a little longer."	

2. The content of this class was presented in a coherent, easily understood manner.

Definitely Agree	Agree	Somewhat Agree	Don't Agree	No Answer
7	4			
Comments:				

5. The quality and amount of materials provided was good.

Definitely Agree	Agree	Somewhat Agree	Don't Agree	No Answer
8	3			
Comments:				

- "More than I ever expected."
- "The project kits were so thought out."

4. I received an appropriate amount of individual attention from the teachers or assistants.

Definitely Agree	Agree	Somewhat Agree	Don't Agree	No Answer
7	4			

Comments:

- "Good ratio, as we all learn at different levels."
- · "The helpers were so patient and helpful."
- "I do appreciate all of the time and patience given from all of the mentors."
- "One assistant was somewhat pushy as she corrected me. I don't believe I was doing it wrong."

5.	Place a number	1 through 4,	(with 1 be	eing your	favorite)	in the	box ne	ext to th	e name	of e	each
tec	chnique.										

	Cross Stitch	Blackwork	Surface Embroidery	,	Hardanger
$\overline{}$	OTOGO Otitori	DIGORMOIN	Carrace Erribiciaer y		i idi daligo

Note: 7 out of 11 students completed this section.

	#1 Choice	#2 Choice	#3 Choice	#4 Choice
Cross Stitch	4		2	1
Surface Embroidery	2	3		2
Canvas		3	1	3
Hardanger	1	1	4	1

Comments:

• "Cross stitch being my favorite, as I'm most comfortable having done that in the past. I did enjoy learning about the others."

Note: There was no relationship between the ranking above and the choice of project. 7 students selected Hardanger, 4 chose cross stitch, 1 each chose surface embroidery and canvas.

6. I plan to continue stitching in the future.

Definitely Agree	Agree	Somewhat Agree	Don't Agree	No Answer
8	2	1		

Comments:

- "I enjoyed everything about it."
- "I think you should put in a youth stitching class."
- "I thoroughly enjoyed the class and feel I have learned a great deal."